

CLIMBING WALL RULES

These rules and guidelines are designed to mitigate risk while maintaining a positive and enjoyable environment for the participants.

GENERAL RULES

- No **climbing** above the 1st panel on the main wall without a belay.
- No **bouldering** on the main wall without properly deployed crash pads and a spotter.
- Only The ROCK belay qualified climbers may belay a climber.
- Belay qualified climbers must wear their belay qualified climbers badge at all times.
- You must be 15+ years of age to belay.
- Shirts must be worn at all times.
- Inappropriate and distracting behavior is not tolerated.
- Do not let other climbers in The ROCK during non-supervised hours.
- Only PC staff may belay climbers during kids' climb, birthday parties and family climb.

CLIMBING DURING NON-SUPERVISED HOURS

- Only belay qualified climbers with current belay badges may belay a climber.
- No climbing alone. Adults may climb as long as a second belay certified adult is in the room to provide safety checks before climbing.
- Adult spectators may be present but they may not climb unless there is more than one belay qualified climber in the room (see rule #2).

LEAD CLIMBING RULES

- Only climbers with a BELAY QUALIFIED CLIMBER LEVEL 3 may lead climb.
- Only belayers with a BELAY QUALIFIED CLIMBER LEVEL 2 OR 3 may belay a lead climber.
- Lead climbing is permitted only during LEAD SUPERVISED TIMES.
- Lead climbers must provide their own ropes.

BOULDERING RULES

- No bouldering above the 3-meter line without a spotter and properly deployed crash pad.
- No hands EVER above the 4-meter line (top of 4th panel on Imprint wall)
- Boulderers must yield to rope climbers.
- Never EVER boulder over another climber.
- Ages 13 or under may NOT climb ABOVE the line on the bouldering wall.

EVERY TIME BEFORE YOU CLIMB - USE THE BUDDY SYSTEM

- Check both harnesses for proper adjustment and double-back of waist belt.
- Check both carabiners to make sure they are securely locked.
- Check the knot and the back-up knot.
- Check the belay device for proper threading.

NOTE: Indoor Rock Climbing is INHERENTLY DANGEROUS and cannot be made completely safe.